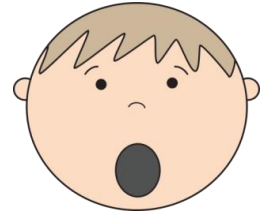
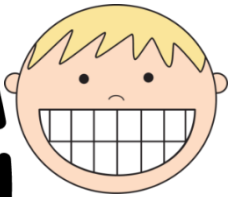




How



Would You



Feel ?



Includes :
Feelings and Emotions
Game
And
Printable Activities



Teaches Children:

- To Identify Their Feelings
- To Cope With Feelings
- To Understand The Feelings Of Others
- To Respond To Others

©educatingeveryone4life

Uses:

- Social Skills Education
- General Education
- The Inclusive Classroom
- Speech Therapy
- Special Education
- Counseling
- Group Meetings

How Would You Feel?

Objective : The student will relate feelings to actions.

Materials: Action Cards
Feeling Cards (Boy and Girl)

How To Play:

- Lay out the feeling cards on the desk.
- Place the action cards upside down in a pile.
- The student will choose an action card.
- The student or a partner will read the card.
- The student or a partner will hold up the feeling card that matches the action.
- The teacher can engage the student into conversation about why they selected a particular feeling card.

For example:

Why would you feel this way?

How could the action be different?

Action Card

This morning I woke up
and I was running a
fever. I had the chills.

My throat hurt.

I feel...

Action Card

My best friend invited
me to their birthday
party.

I feel ...

Action Card

My mom can't come to
my school play tonight.

She has to work. I

feel...

Action Card

I was elected to the
Student Council by my
friends.

I feel...

Action Card

We are jumping rope in
P.E. today. I do not
know how to jump rope.

I feel...

Action Card

My teacher told me I
was getting a Super
Student Award.

I feel...

Action Card

I made a 70 on my
Reading test.

I feel...

Action Card

I do not have anyone to
play with at school
today.

I feel...

Action Card

I won the race we were
having at field day.

I feel...

Action Card

My favorite sport is
football. This morning
my coach said we could
play football at recess.

I feel...

Action Card

I did not make the
basketball team.

I feel...

Action Card

My grandparents came
to school and had lunch
with me today.

I feel...

Action Card

We are having a class
party today. We made
cookies.

I feel...

Action Card

I was running in the
hallway and slipped in
water.

I felt...

Action Card

My teacher called on
me to answer a
question. I did not
know the answer.

I felt...

Action Card

We are doing a play
about Benjamin Franklin.
I was picked to play the
main part.

I feel...

Action Card

My sister is sick. She
is in the hospital.

I feel...

Action Card

My grandfather bought
me a new puppy.

I feel...

Action Card

I asked John to read a
book with me. He did
not want to read.

I feel...

Action Card

Today is my birthday.
When I get home we
are having a party.

I feel...

Action Card

Yesterday, I kept
getting the wrong
answer on my math
test.

I felt...

Action Card

I had to stand up and
speak in front of my
classmates.

I felt...

Action Card

Sam asked if I wanted
to be on his team.

I felt...

Action Card

I forgot my lines during
the school play.

I felt...

Action Card

We are playing my
favorite game after
school.

I feel...

Action Card

We are going to the
swimming pool. I do not
know how to swim.

I feel...

Action Card

My friend's dog started
chasing me in her yard.

I felt...

Action Card

I went shopping and
could not find my mom
and dad.

I felt...

Action Card

I won first place in the
Spelling Bee.

I felt...

Action Card

My baseball team won
by three points.

I felt...

Action Card

My basketball team lost
by one point.

I felt...

Action Card

My teacher gave me a
piece of my favorite
candy.

I felt...

Action Card

I spilt my dad's coffee
in the car on the way to
school.

I felt...

Action Card

We are going camping
this weekend. I do not
like the dark.

I feel...

Action Card

The electricity went out
during the storm.

I felt...

Action Card

I did the wrong
homework assignment
last night.

I feel...

Action Card

My friend is yelling very
loudly.

I feel...

Action Card

We are having chocolate
cake at my birthday
party.

I feel...

Action Card

We moved to a new
town. Tomorrow, I am
going to a new school.

I feel...

Action Card

I dropped my lunch tray
in the cafeteria.

I felt...

Action Card

The children were very
loud on the bus this
morning.

I felt...

Action Card

I forgot my backpack
at home today.

I feel...

Action Card

I had to go the nurses
office during class.

I felt...

Action Card

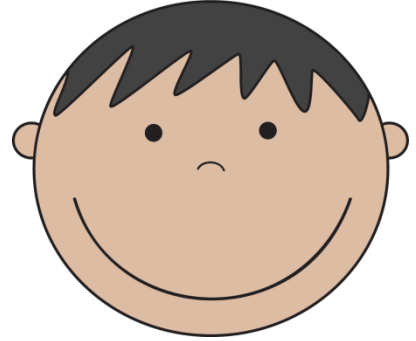
My teacher is helping
me write a paragraph.

I feel...

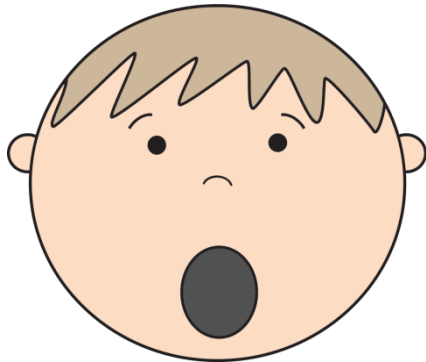
Sad



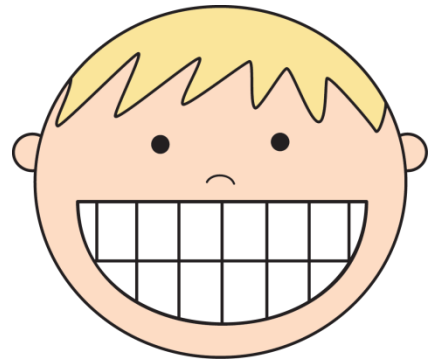
Happy



Surprised



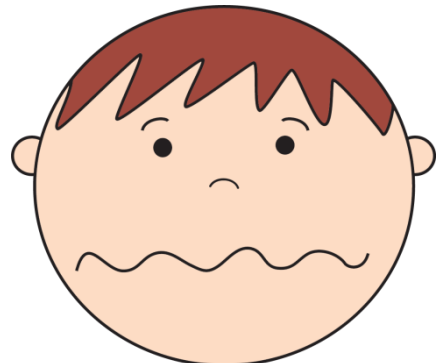
Excited



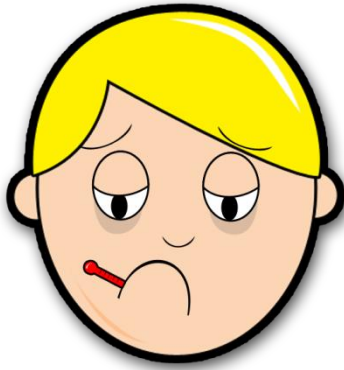
Embarrassed



Worried



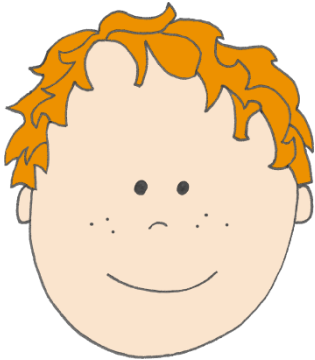
Sick



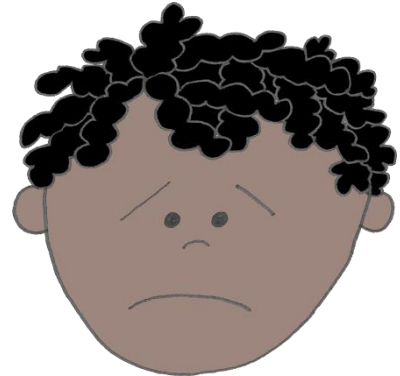
Disappointed



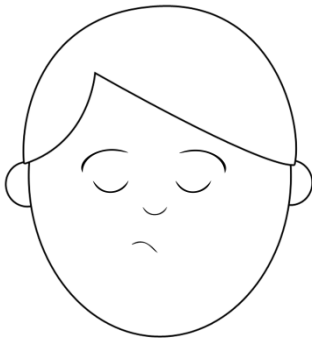
Proud



Nervous



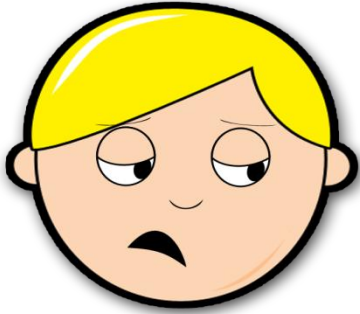
Lonely



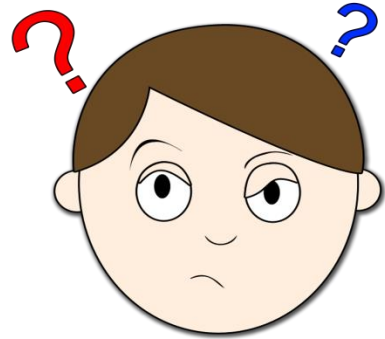
Scared



Ashamed



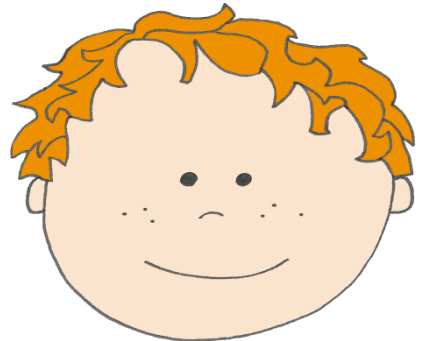
Confused



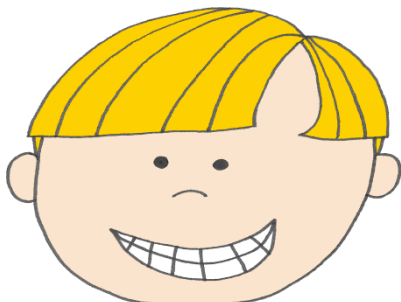
Frustrated



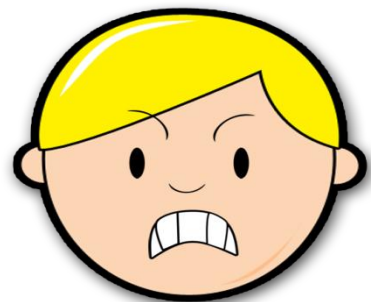
Cheerful



Joyful



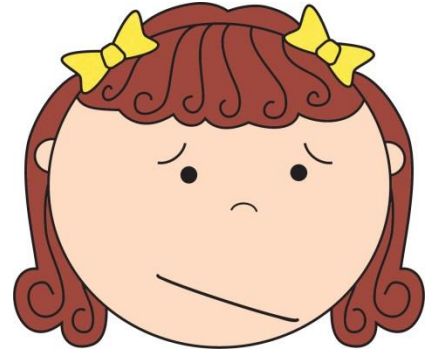
Grouchy



Sad



Embarrassed



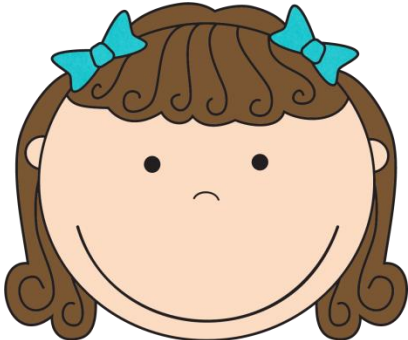
Surprised



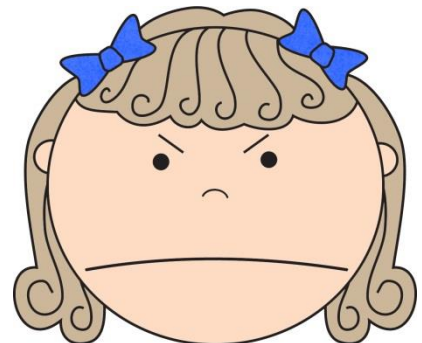
Worried



Happy



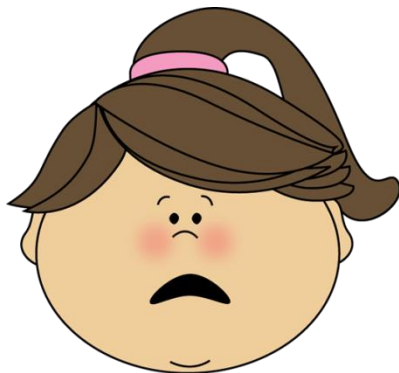
Angry



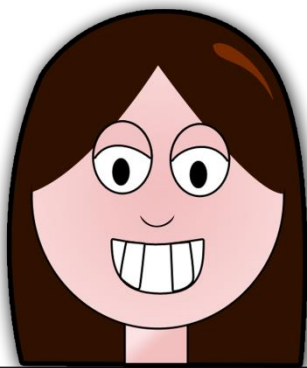
Sick



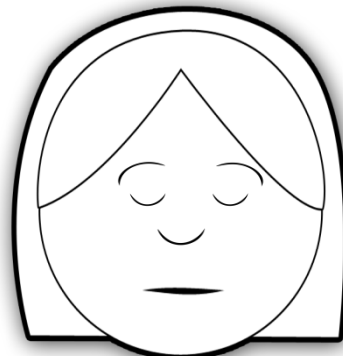
Disappointed



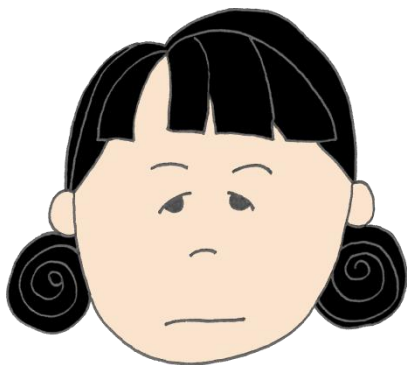
Proud



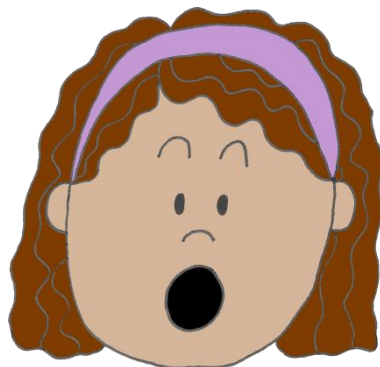
Nervous



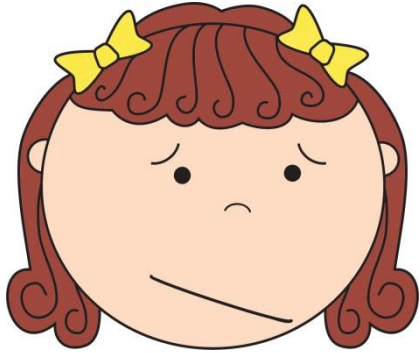
Lonely



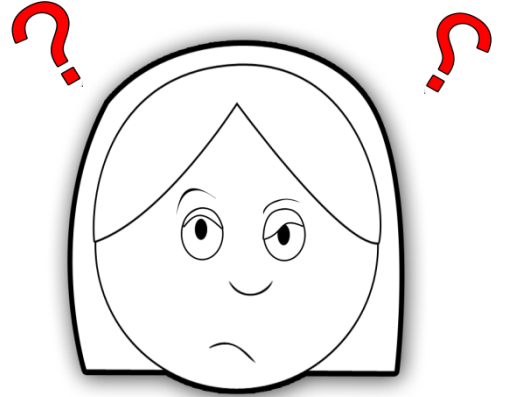
Scared



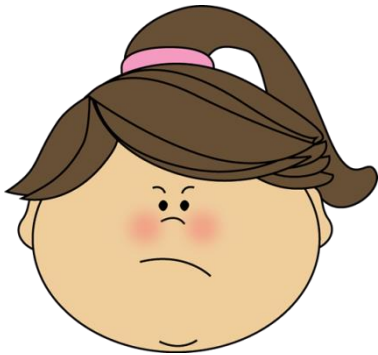
Ashamed



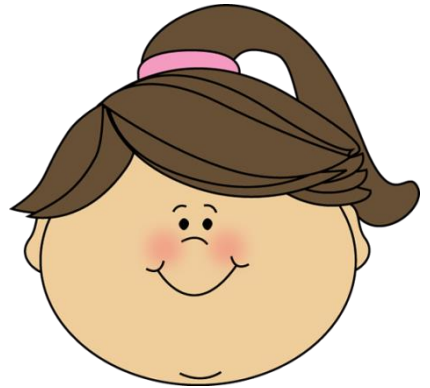
Confused



Frustrated



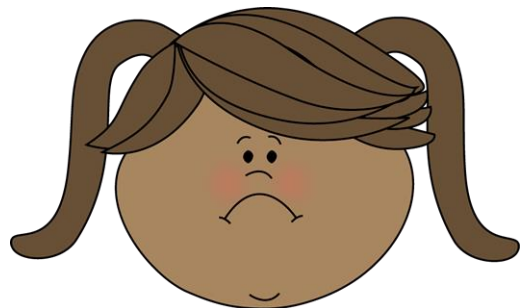
Cheerful



Joyful



Grouchy



Printable Worksheets

How To Use :

These activity sheets may be used in whatever way is helpful for children. If the children are too young to fill in the boxes, I allow oral response and write down what they say. These are great for documentation purposes and as teaching tools.

Name: _____ Date: _____



I Feel Happy When :

**Synonyms For
Happy :**

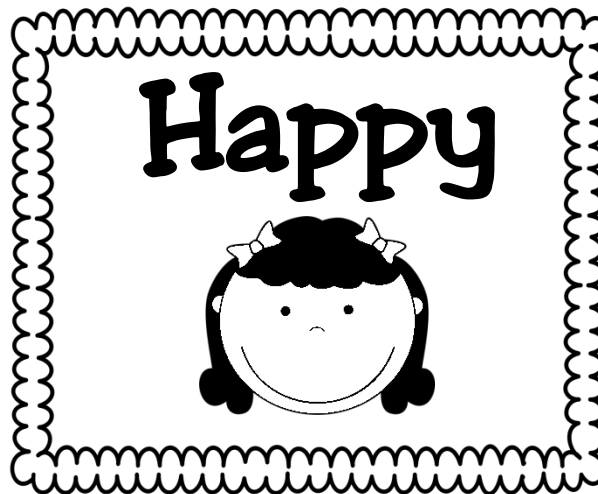
**Antonyms For
Happy :**

**A Picture Of Me
When I am Happy :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Happy When :

Synonyms For
Happy :

Antonyms For
Happy :

A Picture Of Me
When I am Happy :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Sad When :

Synonyms For Sad :

Antonyms For Sad :

**A Picture Of Me
When I am Sad :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Sad When :

Synonyms For Sad :

Antonyms For Sad :

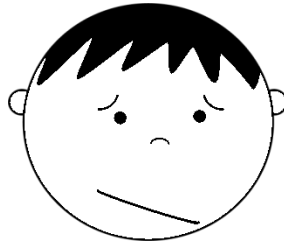
**A Picture Of Me
When I am Sad :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Embarrassed



I Feel Embarrassed When :

**Synonyms For
Embarrassed :**

**Antonyms For
Embarrassed :**

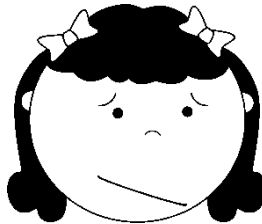
**A Picture Of Me
When I am
Embarrassed :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Embarrassed



I Feel Embarrassed When :

**Synonyms For
Embarrassed :**

**Antonyms For
Embarrassed :**

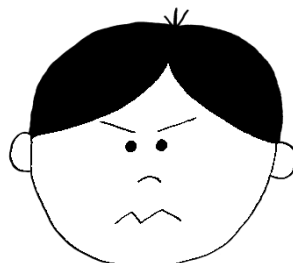
**A Picture Of Me
When I am
Embarrassed :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Frustrated



I Feel Frustrated When :

**Synonyms For
Frustrated :**

**Antonyms For
Frustrated :**

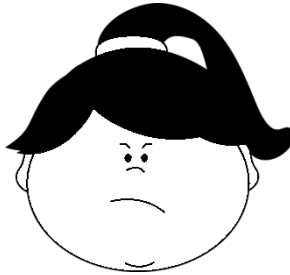
**A Picture Of Me
When I am
Frustrated :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Frustrated



I Feel Frustrated When :

**Synonyms For
Frustrated :**

**Antonyms For
Frustrated :**

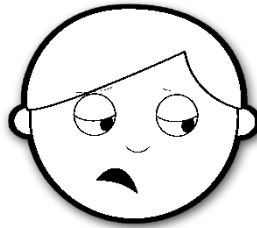
**A Picture Of Me
When I am
Frustrated :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Ashamed



I Feel Ashamed When :

**Synonyms For
Ashamed :**

**Antonyms For
Ashamed :**

**A Picture Of Me
When I am
Ashamed :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Ashamed



I Feel Ashamed When :

**Synonyms For
Ashamed :**

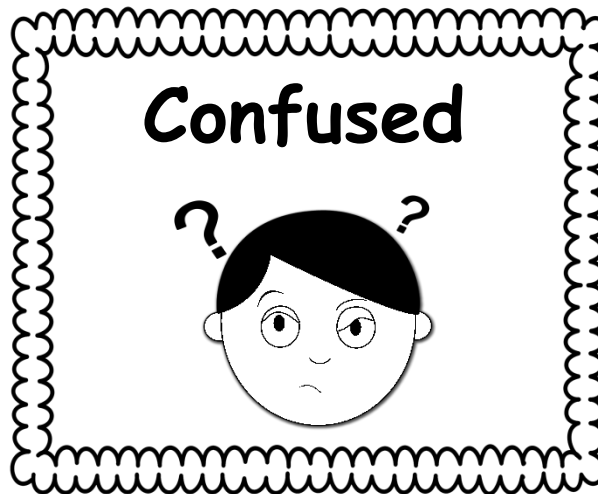
**Antonyms For
Ashamed :**

**A Picture Of Me
When I am
Ashamed :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Confused When :

Synonyms For
Confused :

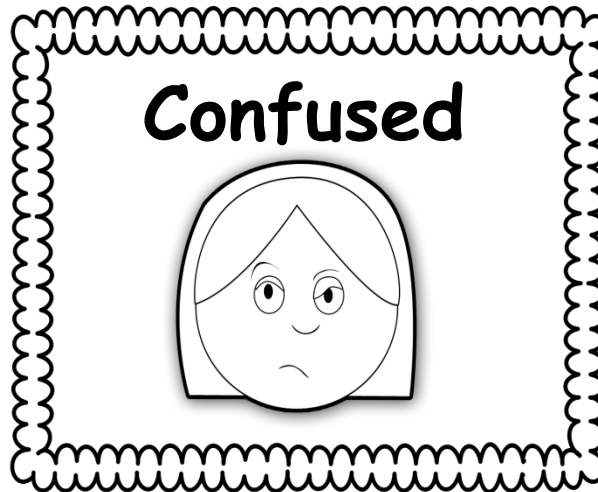
Antonyms For
Confused :

A Picture Of Me
When I am
Confused :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Confused When :

Synonyms For
Confused :

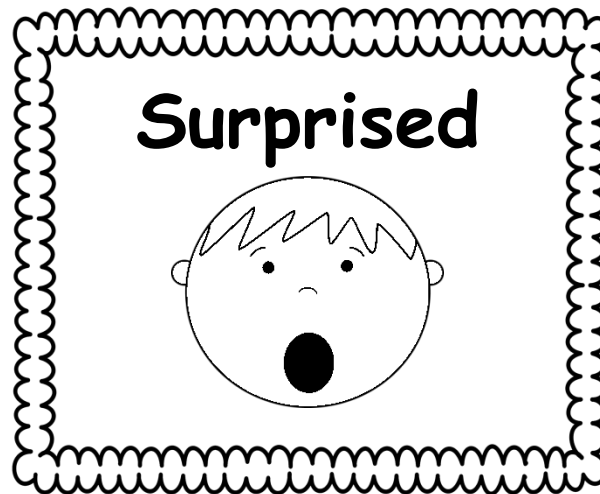
Antonyms For
Confused :

A Picture Of Me
When I am
Confused :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Surprised When :

Synonyms For
Surprised :

Antonyms For
Surprised :

A Picture Of Me
When I am
Surprised :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Surprised



I Feel Surprised When :

**Synonyms For
Surprised :**

**Antonyms For
Surprised :**

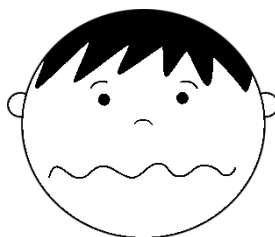
**A Picture Of Me
When I am
Surprised :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Worried



I Feel Worried When :

**Synonyms For
Worried :**

**Antonyms For
Worried :**

**A Picture Of Me
Worried :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Worried



I Feel Worried When :

**Synonyms For
Worried :**

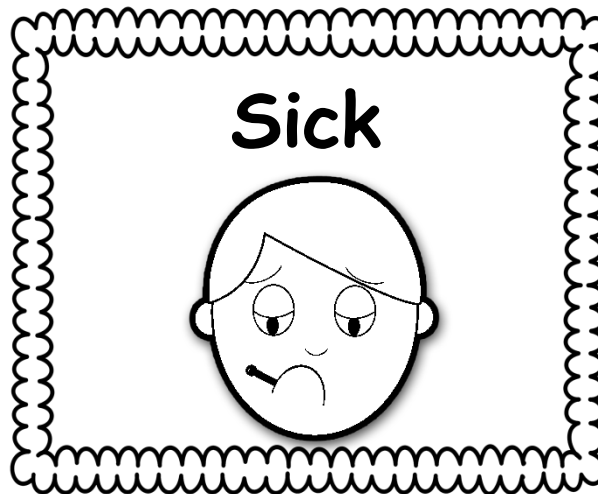
**Antonyms For
Worried :**

**A Picture Of Me
Worried :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Sick When :

Synonyms For Sick :

Antonyms For Sick :

A Picture Of Me
Sick :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Sick When :

Synonyms For Sick :

Antonyms For Sick :

**A Picture Of Me
Sick :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Proud



I Feel Proud When :

Synonyms For Proud :

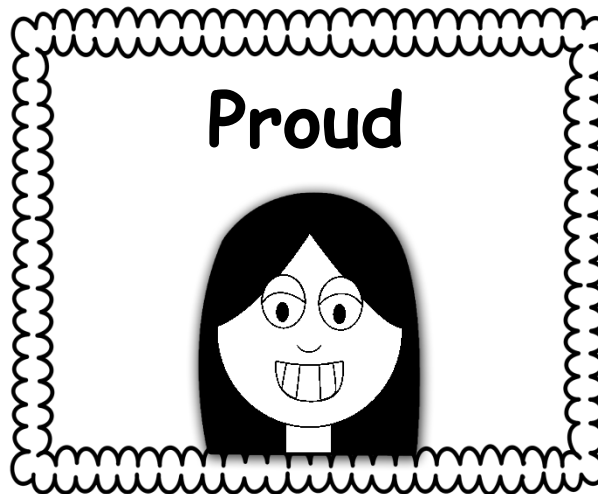
Antonyms For Proud :

**A Picture Of Me
Being Proud :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Proud When :

Synonyms For Proud :

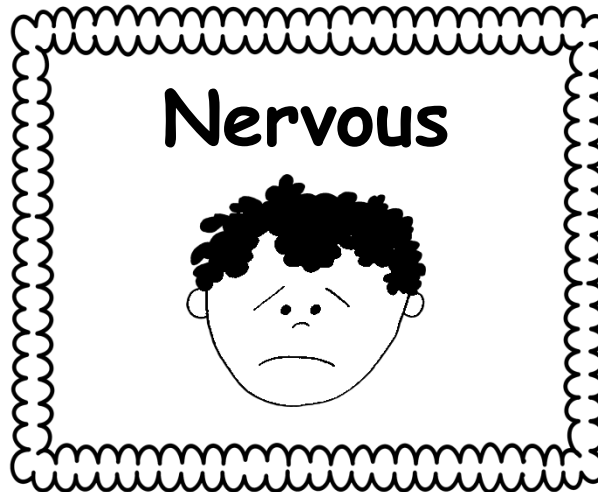
Antonyms For Proud :

A Picture Of Me
Being Proud :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Nervous When :

**Synonyms For
Nervous :**

**Antonyms For
Nervous :**

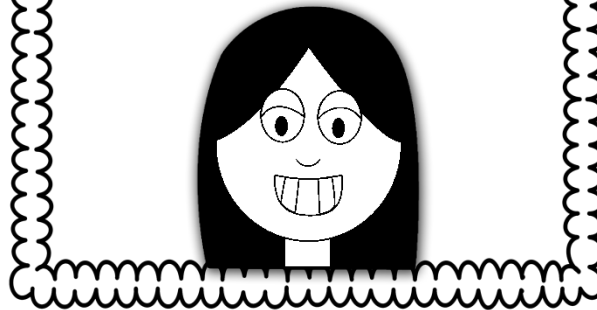
**A Picture Of Me
Nervous :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Nervous



I Feel Nervous When :

**Synonyms For
Nervous :**

**Antonyms For
Nervous :**

**A Picture Of Me
Nervous :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Scared When :

Synonyms For Scared:

Antonyms For Scared :

**A Picture Of Me
When I Am Scared :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Scared When :

Synonyms For Scared:

Antonyms For Scared :

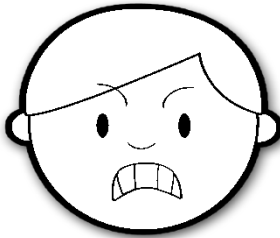
A Picture Of Me
When I Am Scared :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

Grouchy



I Feel Grouchy When :

Synonyms For Grouchy :

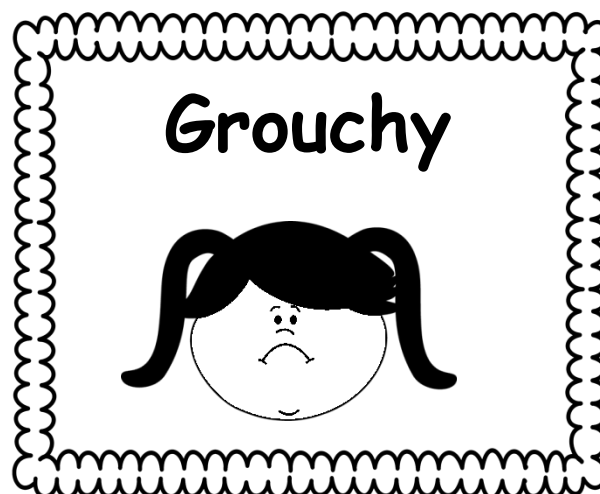
Antonyms For Grouchy :

**A Picture Of Me
When I Am Grouchy :**

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____



I Feel Grouchy When :

Synonyms For Grouchy :

Antonyms For Grouchy :

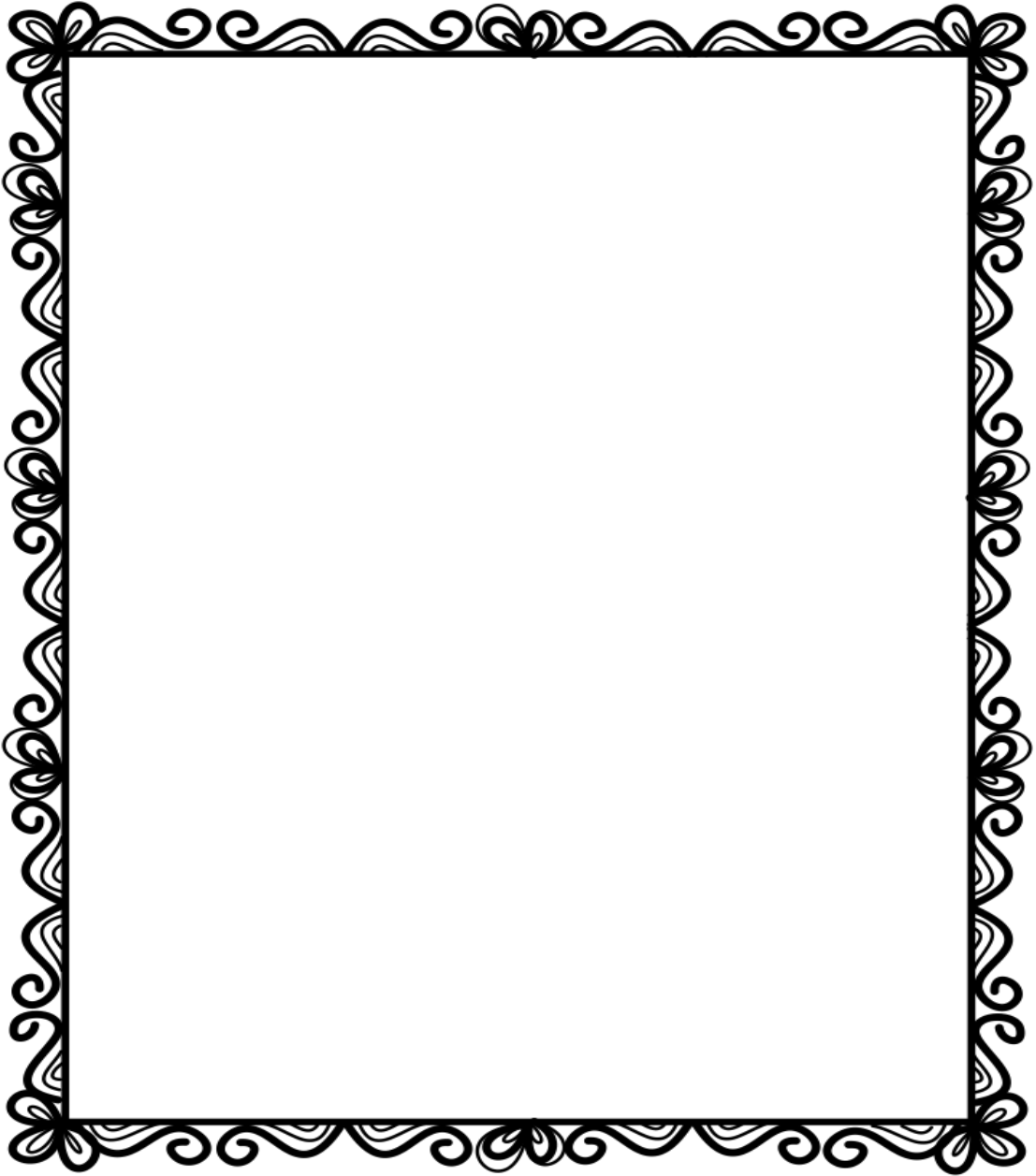
A Picture Of Me
When I Am Grouchy :

Directions: Complete the graphic organizer.

©educatingeveryone4life

Name: _____ Date: _____

How I feel Today



Directions: Draw a picture of how you feel today.

©educatingeveryone4life

Name: _____ Date: _____

How I feel Today

Directions: Write a paragraph about how you feel today. ©educatingeveryone4life

Name: _____ Date: _____

How Would You Feel ?

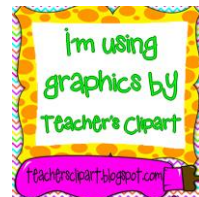
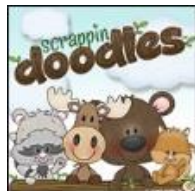
Thank You for downloading this item!
Should you have any questions please
feel free to reach me at my email:

educatingeveryone4life@gmail.com

Terms of Use: All rights are reserved by author. This product is to be used by the original downloader only. Copying for more than one teacher, classroom, department, or school is prohibited.

©educatingeveryone4life

Graphics Provided By:



And
Rebekah Brock

<http://www.teacherspayteachers.com/Product/Kids-in-Action-Faces-2-Clip-Art-18-FREE-pngs-to-Show-Feelings-and-Emotions-559814>